

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 am			Personal Training			Personal Training	
7:00 am		Partner Training	Personal Training	Partner Training	Personal Training	Partner Training	
8:00 am		Partner Training	Personal Training	Partner Training	Personal Training	Partner Training	
9:00 am		Partner Training	Personal Training	Partner Training	Personal Training	Partner Training	
10:00 am		Personal Training	Personal Training	Personal Training	Personal Training	Personal Training	
11:00 am		Personal Training	Personal Training	Personal Training	Personal Training	Personal Training	
12:00 pm							
1:00 pm	Powerlifting Club						Powerlifting Club
2:00 pm		Personal Training	Personal Training	Personal Training	Personal Training	Personal Training	
3:00 pm		Personal Training	Personal Training	Personal Training	Personal Training	Personal Training	
4:00 pm		Personal Training	Personal Training	Personal Training	Personal Training	Personal Training	
5:00 pm		Partner Training	Personal Training	Partner Training	Personal Training	Partner Training	
6:00 pm		Personal Training	Personal Training	Personal Training	Personal Training		